



# THOTH

*Workbook*



# THOTH

The Kit includes:

**This PDF workbook**  
**The Video Lesson**  
**The MP3 Meditative Journey**

Start where you like

Print out the workbook or use it as a guide for your own  
journalling

Start with the parts of this kit you feel most drawn to

Come back to the other parts later if/when they call to you  
- you don't have to do it all!

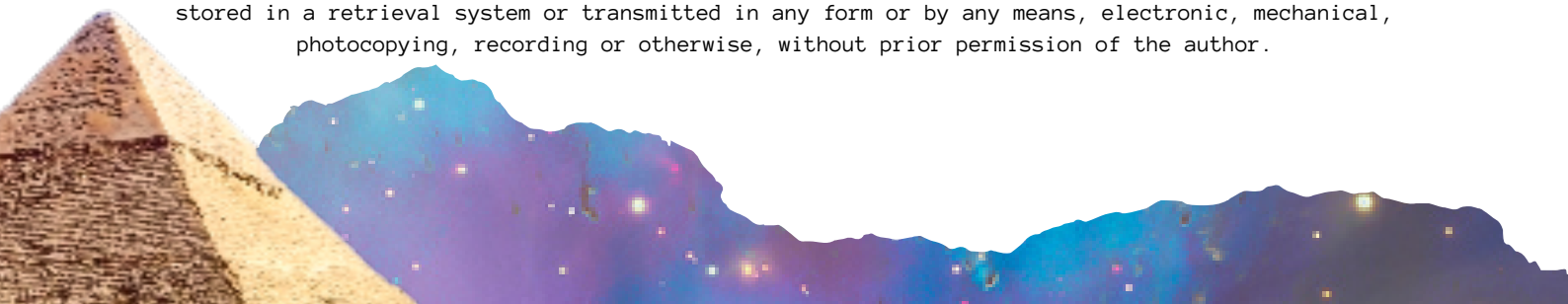
Explore your journey with Thoth in any way that feels good  
to you!

Use this kit as a guide, always go with your gut and what  
feels true to you



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# HEART STORM

Before you read any further or dive into the rest of the content, take a moment to write down any ideas, words, first thoughts that come up when you think of Thoth...





*“Master are ye of your  
destiny, free to take or  
reject at will. Take ye  
the power, take ye the  
wisdom, shine as a light  
among the children of  
men.”*

*-The Emerald Tablets of Thoth the Atlantean,  
translated by  
Dr. Diane England*





# INTENTIONS

What intentions do you have for your work with Thoth?

How will you show up for yourself this month/during this work?

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What could stop you from fully showing up?

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How can you give yourself the best chance to show up for this work?

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How would you like this work to support you and help you develop spiritually?

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# CHECK-IN

How are you feeling as you begin this work with Thoth?

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What experiences have you already had with Thoth?

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What experiences would you like to have with Thoth?

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What are your intentions for your spiritual practice this month?

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# INTRO

- ★ Thoth is the ancient Egyptian God of Time, Wisdom and writing
  - ★ He is also the God of the moon, the stars, astronomy, hieroglyphics, science, art, magic, judgement and the dead
  - ★ Thoth is the "scribe of the gods" and of the Akashic Records
  - ★ Thoth is most recognised as a man with the head of an Ibis (the crescent beak said to symbolise the crescent moon) but is also depicted with the head of a baboon
  - ★ The ancient Greeks adopted Thoth and merged him with their own God of wisdom Hermes
  - ★ The Book of the Dead is said to have been written by Thoth himself
  - ★ Thoth is said to be from the Sirius star system
  - ★ Thoth is often known as "The Atlantean" and was said to have been a priest-King in Atlantis before leaving due to the fall and journeying to Egypt
  - ★ Aleister Crowley created the Thoth tarot and believed tarot cards were the Egyptian Book of Thoth
  - ★ But as with all ascended masters, Thoth will be whatever he needs to be for you!
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# THOTH TOOL KIT

Here are some tools that may help you to connect with Thoth. Use this list only as a guide, always trust your intuition and remember you can always use what you already have.

## ★ DEITIES:

Ma'at

Goddess Isis

Seshat

Any of the Neturu (Gods and Goddesses of Ancient Egypt)

## ★ OILS:

Blue Lotus

Frankincense

Cedar

## ★ CRYSTALS:

Clear quartz

Emerald

Turquoise

## ★ OTHER TOOLS:

**Books:** The Emerald Tablets, The Egyptian Book of the Dead

**Egyptian themed decks:** Starchild Tarot, Moonchild Tarot

Notebooks

Pens and pencils

Clocks + Watches

Egyptian Statues

Pyramids

# CONNECTING WITH THE NETERU

The Neteru (Gods and Goddesses of Ancient Egypt) are powerful, ancient and wise beings.

Their energy is strong, and if you are not used to working with them it may take some getting used to.

Here are some things to consider when working with Thoth and the Neteru:

- ★ Always be grateful, gracious and thank the Neteru. It's not for their egos, it is for your own
- ★ Give offerings to the Neteru - again, this is not for them, it is for you, to help you work on your own gratitude, ego and expand your heart
- ★ Some offerings could include - essential oils, incense, bowls of water, flowers etc.
- ★ Explore the 42 Laws of Ma'at to understand more about the Neteru and Ancient Egyptian belief system
- ★ Place statues or images of Thoth or any other of the Neteru on your altar or around your home to honour them
- ★ Remember that the Neteru can help you and support you in your life, but they do not "owe" you anything and do not exist just to fulfil our wishes - unless of course our wishes are in divine alignment!



# AN INVOCATION

There are many ways to invoke the Gods and Goddesses, always do what feels right for you. You may just like to whisper Thoth's name to invite him in and know he is with you, or you could use this invocation or a variation of it that works for you.

*Dearest Thoth, God of Wisdom, God of Time, God of Writing, Atlantean, God of Egypt, Guide and Friend,*

*I call on you now and ask for your support on my life journey. Help me to connect with the wisdom of my own soul and the wisdom of the divine.*

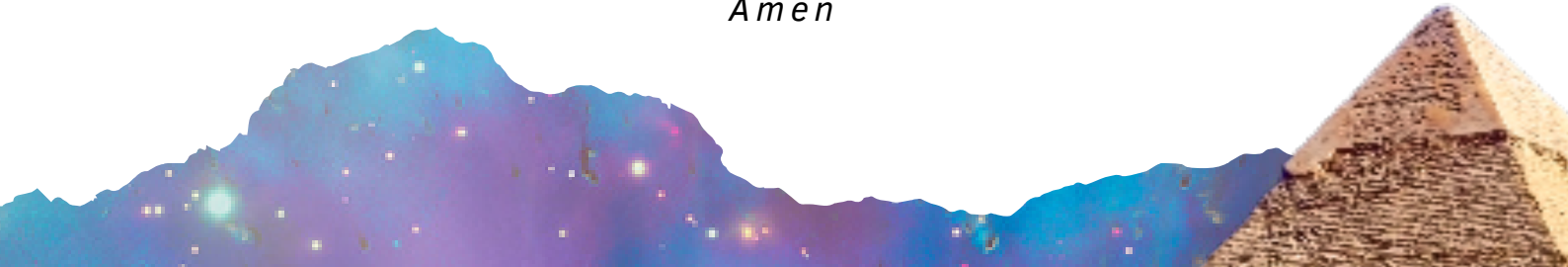
*Dearest Thoth, I call on you now to help me to work with and understand time - to know I have enough, to know how to slow down and savour time and to remember that my soul is infinite and will continue on forever.*

*Dearest Thoth, I call on you now to help me to write the story of my own heart, the story of my soul, to re-write old stories and to write my own destiny.*

*In return I offer you my gratitude, and I know that in living my best and highest life always with love I serve you and the Neteru, the Gods, the Goddesses and the highest wisdom and love.*

*Thank you, Dear Thoth, for your wisdom, your guidance, your love and your light in my life,*

*And so it is  
Amen*





# TIME

How do you feel about your relationship with time?

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Where is time a friend?

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Where is time an enemy?

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How can you slow down and stretch time?

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# DAILY WISDOM

What wisdom are you currently seeking in/for your daily life?

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What questions do you have right now?

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Who/what could provide answers to these questions for you?

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Look within yourself now - are there any answers to these questions already within you?

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# WRITING

What comes up for you when you think about writing?

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What positive/negative experiences have you had with writing? *(Go as far back as you can remember)*

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How would you like writing to be present in your life?

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What are you being called to write?

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# PAST LIVES

Do you have any blocks or patterns that keep repeating in this life?

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How can you break these blocks and change these patterns?

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Are there any people in your life you know you have met before? That feel like a soul or past life connection?

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Why do you think these people have come back to you in this lifetime?

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# SIRIUS + STARS

What comes to mind when you think of the Sirius star system?

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How do you feel when you look out at the stars?

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Do you feel that you have galactic origins or connections?

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If you resonate as a starseed (or even if you don't!), what do you feel is your mission here on earth?

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# ASCENSION

Where are you at on your own ascension journey (your journey towards deeper love and light, personal development and spiritual connection)?

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How/where would you like to move forward on this journey?

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How do you think Thoth could support you with this?

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What are your next steps on this journey?

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# DESTINY

What are your thoughts and beliefs on destiny?

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What do you think your destiny (path, purpose, mission) is?

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How can you align yourself to your best and highest destiny - or best and highest path?

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What next steps can you take to get you on your highest path and living your highest destiny?

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*"All things are possible. Who you are is limited by who you think you are."*

*-Egyptian Book of the Dead*



# THOTH SPREAD



1. How can working with Thoth support you at this time?
2. How can you honour Thoth and the Neteru?
3. What needs to be written
4. A message of daily wisdom
5. A message of higher (spiritual) wisdom
6. How to bend time
7. How to break past life blocks and change patterns
8. A message from the Sirius Star System
9. How to reach the next level of your ascension journey
10. A message about your destiny





# WHAT'S NEXT

- ✓ If you enjoyed this kit and found it useful, please tell your friends about it. As a small business word of mouth helps so, so much!
- ✓ If you are in The Circle you are welcome to come and join us in the Facebook group to chat about your experiences and support others in theirs.
- ✓ If you're not in The Circle join us now!  
[www.newagehipster.co/the-circle](http://www.newagehipster.co/the-circle)
- ✓ If you would like to share any insights on social media please tag me @newagehipster333 on Instagram or Facebook. (I just ask that you do not share any of the content, spread positions etc., outside of the group)
- ✓ Email me with any questions -  
[vix@newagehipster.co](mailto:vix@newagehipster.co)



# ABOUT VIX

Vix believes that being connected to our own hearts, souls and spiritual team is our natural state and she's excited to be able to be of service to those who are searching for a way back. Vix is devoted to helping others reconnect to their own light, inner guidance and power so they can live out their best and highest lives. She supports her growing worldwide community through her books, The Circle, the Fully Lit Mastermind, one on one Soul Readings, workshops, the New Age Hipster podcast, blog, YouTube channel, online groups and social media ministry.

Vix is an ex-high school and special ed teacher, she is a best selling YA indie author and enjoys drinking tea, exploring stone circles, eating vegan pizza and watching 80's movies.