

# The Akashic Records



New Age  
Hipster

# The Akashic Records

The Kit includes:

**This PDF workbook**  
**The Video Lesson**  
**The MP3 Meditative Journey**

Start where you like

Print out the workbook or use it as a guide for your own  
journalling

Start with the parts of this kit you feel most drawn to

Come back to the other parts later if/when they call to you

Explore your connection to the Akashic Records in any way  
that feels good to you!

Use this kit as a guide, always go with your gut and what  
feels true to you



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# Heart Storm

Before you read any further or dive into the rest of the content, take a moment to write down any ideas, words, first thoughts that come up when you think of the Akashic Records...





# Questions

Do you have any questions for the Records about any relationships you find difficult or challenging?

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Do you have any questions about money and finances?

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Do you have any other "blocks" that you'd like to be cleared?

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Are there any patterns that seem to keep repeating in your life that you would like to break?

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Do you have any questions about your life purpose?

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Do you have any questions about your soul's purpose?

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Do you have any questions about your general wellbeing?

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Do you have any questions about your guides, angels and spiritual connection?

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Anything else that's on your mind?

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# The Prayer

This prayer is the short version from the book "How to Read the Akashic Records" by Linda Howe. There is a longer version in the book also.

And so we do acknowledge the Forces of Light  
Asking for guidance, direction and courage to know the  
Truth  
as it is revealed for our highest good and the highest good  
of everyone connected to us.

Oh Holy Spirit of God,  
Protect me from all forms of self-centeredness,  
and direct my attention to the work at hand

Help me to know myself in the Light of the Akashic  
Records,  
To see myself through the eyes of the Lords of the  
Records,  
And enable me to share the wisdom and compassion that  
the Masters, Teachers and Loved Ones of myself have for  
me,  
The records are now open

To close the records:  
I would like to thank the Masters, Teachers and Loved Ones  
for their love and compassion.  
I would like to thank the Lords of the Akashic Records for  
their point of view.  
And I would like to thank the Holy Spirit of Light for all  
knowledge and healing.

The records are now closed. Amen (say this three times



# Journaling Journey into the Akashic Records

Take a few moments now to close your eyes and centre your energy.

What situation would you most like to receive some clarity on by going into the records today? (Get as clear and specific as you can)

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Read the prayer on the previous page or set your intention to access the records in your own way.

As you enter into the records, what do they look like?

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Who is here in the records with you?

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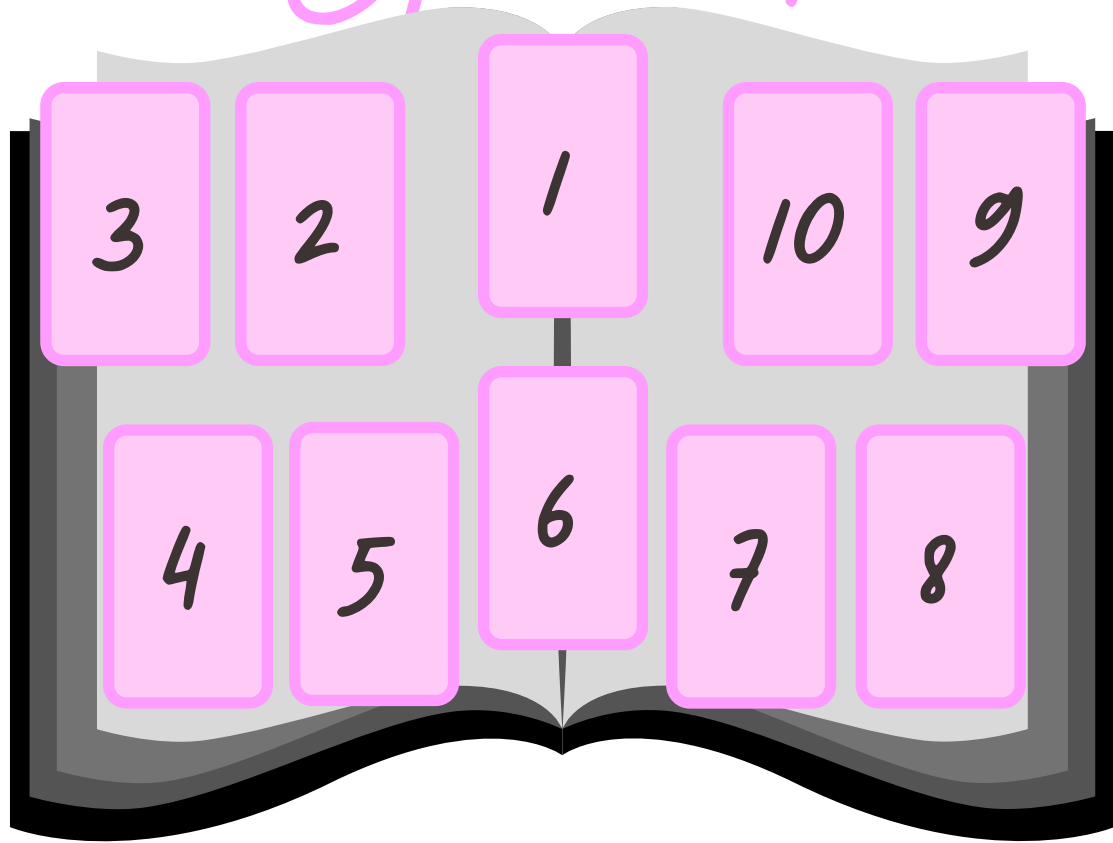








# Akashic Records Spread



1. Your "reason" for going into the records today - you can choose this card upright from the deck or pull it as part of the reading
- 2 + 3. Past life influences relating to this reason
4. What this past life has taught you and can still teach you
5. How to acknowledge, heal and clear the events of this past life
6. Action to take in your physical life to complete the process
- 7 + 8. Future life influences to guide you forward
9. A message from your Akashic Records Guides
10. How to use this knowledge to stand in your power and fully live your present life





# What's Next?

- ✓ If you enjoyed this kit and found it useful, please tell your friends about it and The Circle. As a small business word of mouth helps so, so much!
- ✓ If you are in The Circle please come and join us in the Facebook group to chat about your experiences and support others in theirs.
- ✓ If you're not in The Circle join us now!  
[www.newagehipster.co/the-circle](http://www.newagehipster.co/the-circle)
- ✓ If you would like to share any insights on social media please tag me @newagehipster333 on Instagram or Facebook. (I just ask that you do not share any of the content, spread positions etc., outside of the group)
- ✓ Email me with any questions - [vix@newagehipster.co](mailto:vix@newagehipster.co)
- ✓ If you would like to work with me one on one to dive deeper into this month's topic you can grab a soul reading or spiritual or business mentoring session.

## About Vix



Vix believes that being connected to our own hearts, souls and spiritual team is our natural state and she's excited to be able to be of service to those who are searching for a way back. Vix is devoted to helping others reconnect to their own light, inner guidance and power so they can live out their best and highest lives. She supports her growing worldwide community through the Fully Lit Mastermind, one on one Soul Readings, workshops, the New Age Hipster podcast, blog, YouTube channel, online groups and social media ministry.

Vix is an ex-high school and special ed teacher, she is a YA indie author and enjoys drinking tea, exploring stone circles, eating vegan pizza and watching 80's movies.